



**James Parrish, M.D.**  
**Bariatric Surgeon**

Dr. James Parrish is board-certified in General Surgery and a member of the American Society for Metabolic and Bariatric Surgery.

Dr. Parrish has over 20 years of experience with minimally invasive abdominal surgery and bariatric surgery. Since that time, Dr. Parrish has performed thousands of bariatric procedures in Central Louisiana.

**Sandra Gremillion,**  
**RD, LDN**  
**Bariatric Coordinator**  
**Nutritionist**

**Vanessa Williams,**  
**Exercise Physiologist**



**CHRISTUS Health**



## **Bariatric Weight Loss Surgery Seminar**

Please join us to meet our Bariatric Team and hear Dr. Parrish present our Bariatric Surgery seminar where he will discuss your weight loss options, the mechanics of weight loss surgery, and how we can get you started on your journey to better health!

All seminars are held every other month beginning at 6:00pm

Located in Cabrini's Women and Children's Hospital Conference Room

### **Seminar Dates**

**Thursday February 19<sup>th</sup> 2026**

**Thursday April 16<sup>th</sup> 2026**

**Thursday June 18<sup>th</sup> 2026**

**Thursday August 20<sup>th</sup> 2026**

**Thursday October 15<sup>th</sup> 2026**

**Thursday December 17<sup>th</sup> 2026**

Seminars are held on the 1<sup>st</sup> floor of the Women's and Children's conference room at Cabrini Hospital (next to the gift shop) from 6:00pm to 7:00pm. For more information, please call 318-442-6767. Visit us online at [www.alexandriabariatricsurgery.com](http://www.alexandriabariatricsurgery.com).

**\*\*Please contact the office to confirm that the seminar is still taking place before attending.**